CiSoTRA

Civil Society for Social Inclusion
of Unaccompanied Minors
in Transition to Adulthood:
Learning Communities
for Shaping Transition Interfaces

WP6. Didactic materials

Drama Technique Overview

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Drama Technique Overview

Drama creates possibilities for contextualized learning. A problem, a theme, an event can be seen within a specific context and from the perspective of people affected by them. For this reason, drama helps us in the deeper understanding of certain problems. In the framework of drama, we look at these problems from different aspects and different points of view, frequently changing perspective during the drama work. We build a fictive but detailed context: we build a story by creating specific situations.

This method is very useful when working with refugees and migrants because on the one hand it helps distancing and protecting. The “role” provides a safe space through which a refugee can express him/herself. On the other hand, fiction helps deep engagement. Drama happens in our head by activating our imagination.

The material of this module provides a fictional drama structure for young refugees in transition to adult status to explore their fears, the difficulties and challenges related to this transition and resources that can help them in overcoming these challenges through the metaphor of a story.

The workshop is a stimulus that can be used to engage further in discussions related to the subject, or a stimulus for further artistic exploration (e.g. creating a short performance) depending on the group.

This course provides a provisional outline. It needs to be tailored according to the needs, interests and size of each group it is used with. The videos and photos you will see in the material are taken from the implementation of this method with young migrants which took place in December 2018 in Athens.

Focus: What resources can help in adjusting to "unprotected" adult life?

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